



Pathways Ltd

Building Resilience Through Relationship

Your Growth
Your Journey
Your Future



BEHAVIOUR MENTORING

For Schools, Youth Services, Community Partners

Target Group:

Young people aged 7–18 at risk of exclusion, disengagement, or involved with early help, SEN, or care systems.

Relational Support for Behaviour, Wellbeing & Aspirations



The Service

Our Behaviour Mentoring Service delivers structured 1:1 support for young people experiencing social, emotional or behavioural challenges. Through trauma-informed mentoring, we help them build trust, regulate emotions and develop positive pathways.

Key Features

- ✓ Weekly 1:1 sessions in school, home or community
- ✓ Focus on emotional literacy, self-esteem, behaviour regulation
- ✓ Co-produced mentoring plans with measurable goals
- ✓ Consistent adult role model with safeguarding compliance
- ✓ Regular feedback to families, schools and services

Impact & Outcomes:

- ✓ **Improved emotional wellbeing & school engagement.**
- ✓ **Reduced incidents of conflict & isolation.**
- ✓ **Strengthened relationships and self-regulation skills.**
- ✓ **Measurable goals co-developed with Mentees.**

Contact Us.

- ☎ 0800 123 456 | 07981450023
- ✉ contact@empowapathways.co.uk
- 🌐 empowapathways.co.uk

Servicing:

- 📍 Birmingham, Sandwell & the Black Country



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PASTORAL SUPPORT

For Schools, Youth Services, Community Partners

Target Group:

Children and families needing early help, stabilisation, or practical guidance — often below statutory thresholds.

Relational Support That Makes a Difference



The Service

Our Pastoral Support Workers provide practical, relational support to children and families facing hardship, school difficulties, or emotional needs. Acting as a consistent adult presence, they help bridge the gap between home, school, and services.

Key Features

- ✓ School & home visits for routine support
- ✓ Support with attendance, transitions, and wellbeing
- ✓ Restorative conversations and family mediation
- ✓ Liaison with SENCOs, safeguarding teams, or external services
- ✓ Flexible and responsive to family needs

Impact & Outcomes:

- ✓ Improved school attendance & engagement
- ✓ Greater home-school collaboration
- ✓ Stabilised family routines & reduced stress
- ✓ Increased support uptake and positive outcomes

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OUTREACH & ADVOCACY

For Schools, Youth Services, Community Partners

Target Group:

Young people and vulnerable adults disengaged from support systems or facing complex transitions.

Connecting the Disconnected



The Service

Our Outreach & Advocacy Workers engage those often left behind — from NEET young people to care leavers and those navigating homelessness or youth justice. We provide culturally responsive outreach, practical support, and system advocacy.

Key Features

- ✓ Community, peer, and street-based outreach
- ✓ One-to-one advocacy around housing, education, care and more
- ✓ Trauma-aware and anti-oppressive practice
- ✓ Support with appointments and service navigation
- ✓ Empowering goal-setting and rights-based approach

Impact & Outcomes:

- ✓ Improved engagement with services and education
- ✓ Greater self-advocacy and life skills
- ✓ Reduced crisis involvement (e.g. missing episodes, arrests)
- ✓ Stronger peer and community support networks

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CPD/TRAINING PACKAGES

For Mentors, Youth Workers & Support Staff

Audience:

Mentors, youth workers, pastoral teams, teachers, and support staff in education, VCSE and local authority settings.

Developing Capacity & Strengths



Service Overview

Empower your team with practical, accredited training in mentoring, safeguarding, relational practice and inclusion. Designed for professionals working with children and vulnerable adults..

Custom Packages Available:

For schools, multi-academy trusts, youth services & LA partners.

Key Features

- ✓ CPD-accredited training modules
- ✓ Topics include safeguarding, trauma, reflective practice, inclusion
- ✓ Blended delivery: online, in-person or hybrid
- ✓ Interactive, skills-based & scenario-driven
- ✓ Certificates and toolkit resources included

Book a free consultation today.

Impact & Outcomes:

- ✓ Increased practitioner confidence and capacity
- ✓ Consistent, quality-assured relational practice.
- ✓ Enhanced safeguarding culture
- ✓ Measurable improvement in staff outcomes

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LIFE COACHING SERVICES

For individuals seeking clarity, confidence, and direction

Audience:

Young people and adults looking to build confidence, set goals, and move forward with

Supporting self-awareness, confidence building, and change.



Service Overview

Structured, one-to-one life coaching that supports reflection, goal-setting, and forward planning. Designed for individuals seeking clarity, motivation, and personal development.

Custom Packages Available:

Tailored coaching for individuals, small groups, or specific life and transition

Key Features

- ✓ One-to-one coaching sessions focused on personal goals and development
- ✓ Structured, time-bound coaching plans tailored to individual priorities
- ✓ Emphasis on self-reflection, motivation, and practical action
- ✓ Non-clinical, strengths-based approach with clear boundaries

Book a free consultation today.

Impact & Outcomes:

- ✓ Increased confidence and self-awareness
- ✓ Clear personal or developmental goals
- ✓ Improved motivation and decision-making

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